



LUNCH OCTOBER 2019

Middle School



MONDAY



7 Luigi's Lasagna & Garlic Toast or Mini Calzone



14 Drummin' Chicken Drumstick or Golden Nuggets



21 Mama Mia's Spaghetti or Chicken Alfredo



28 Enticing Enchilada or Golden Nuggets



TUESDAY

1 Macho Nacho Grande or Smothered Burrito



8 Golden Chicken Strips or Specialty Pizza



15 Macho Nacho Grande or Bean or Cheese Burrito



22 Wacky Waffles & Sizzlin' Sausage or Chicken Strips



29 Macho Nacho Grande or Quirky Quesadilla



WEDNESDAY

2 Orange Chicken or Beef & Broccoli



9 Tangy Chicken or Thai Sweet Chili Chicken



16 Beef & Broccoli or Mandarin Orange Chicken



23 Tangy Chicken or Teriyaki Beef Dippers



30 Mandarin Orange Chicken or Terrific Teriyaki Chicken



THURSDAY

3 Mama Mia's Spaghetti or Chicken Alfredo



10 Cheese Zombie or Delicious Deli Sandwich



17 Golden Hot Dog Roll-up or Cha Cha Cheese Dippers



24 EPS Cafe Mac N Cheese or Rib-B-Que Sandwich



31 Gobbler Gravy, Mashed Potatoes & Roll or Corn Dog



FRIDAY

4 Cheeseburger or Bistro Chicken Sandwich



11 Cheeseburger or Favorite Chicken Burger



18 No School Teacher Work Day



25 Cheeseburger or Bistro Chicken Burger



DAILY CHOICES

Pizza



Salad



Yogurt combo or Protein pack



Yogurt parfait



Baked potato



Fishwich

